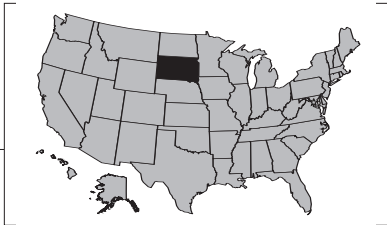


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



South Dakota

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	12.1
Age 10-11	21.9	21.1
Age 12-14	14.4	8.5
Age 15-17	10.7	9.5
0-99% Federal poverty level	22.4	22.1
100-199% Federal poverty level	19.0	14.3
200-399% Federal poverty level	13.7	9.6
400% Federal poverty level or more	9.1	4.8
Male	18.1	16.4
Female	11.5	7.5
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	73.2
Age 10-11	78.2	78.2
Age 12-14	74.2	77.1
Age 15-17	63.3	65.2
Male	76.8	77.6
Female	65.6	68.4
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	71.5
Age 10-11	61.5	72.0
Age 12-14	61.6	77.9
Age 15-17	53.4	64.2
Male	62.1	71.8
Female	55.0	71.2
Percent of children with at least one parent who exercises regularly	72.9	75.4